

# MEN'S BODY MEASUREMENTS FOR TOPS

	CHEST (in)	WAIST (in)	HIP (in)
S	35 - 37 1/2	29 - 32	35 - 37 1/2
M	37 1/2 - 41	32 - 35	37 1/2 - 41
L	41 - 44	35 - 38	41 - 44
XL	44 - 48 1/2	38 - 43	44 - 47
XXL	48 1/2 - 53 1/2	43 - 47 1/2	47 - 50 1/2
XXXL	53 1/2 - 58	47 1/2 - 52 1/2	50 1/2 - 53 1/2
XXXXL	58 - 63	52 1/2 - 57	53 1/2 - 57

COUNTRY: UNITED STATES

## HOW TO MEASURE YOUR BODY FOR TOPS

### 1. Chest

Measure around the fullest part, across the chest points, keeping the tape horizontal.

### 2. Waist

Measure around the narrowest part (typically the small of your back and where your body bends side to side), keeping the tape horizontal.

### 3. Hip

Measure around the fullest part of your hips, keeping the tape horizontal.

